



# WASHINGTON COLONY ELEMENTARY SCHOOL JANUARY 2023 BREAKFAST AND LUNCH MENU



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
				<p><b>BACK TO SCHOOL</b> JANUARY 9th</p>
This Menu Is Subject To Change				
<p><b>9</b></p> <p>Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots &amp; Fruit Graham Crackers</p>	<p><b>10</b></p> <p>Pancake &amp; Sausage On A Stick Fruit &amp; Juice</p> <p>Tostada Refried Beans Lettuce, Salsa &amp; Fruit</p>	<p><b>11</b></p> <p>Breakfast Pizza Fruit &amp; Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p><b>12</b></p> <p>Ham &amp; Cheese Bar, Graham Crackers Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p><b>13</b></p> <p>French Toast Yogurt Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad &amp; Fruit Cucumbers</p>
<p><b>16</b></p> <p>NO SCHOOL</p> <p><b>MARTIN LUTHER KING DAY</b></p>	<p><b>17</b></p> <p>Concha Yogurt Fruit &amp; Juice</p> <p>Orange Chicken Brown Rice Broccoli &amp; Carrots Fruit</p>	<p><b>18</b></p> <p>Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit &amp; Juice</p> <p>Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce</p>	<p><b>19</b></p> <p>Pancake &amp; Sausage Fruit &amp; Juice</p> <p>Chicken Drumstick Mashed Potatoes &amp; Gravy, Corn &amp; Fruit</p>	<p><b>20</b></p> <p>Cinnamon Rolls Yogurt Fruit &amp; Juice</p> <p>Italian Sandwich Chips &amp; Fruit Cucumbers &amp; Lettuce</p>
<p><b>23</b></p> <p>Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots &amp; Fruit Graham Crackers</p>	<p><b>24</b></p> <p>Pancake &amp; Sausage On A Stick Fruit &amp; Juice</p> <p>Tostada Refried Beans Lettuce, Salsa &amp; Fruit</p>	<p><b>25</b></p> <p>Breakfast Pizza Fruit &amp; Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p><b>26</b></p> <p>Ham &amp; Cheese Bar, Graham Crackers Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p><b>27</b></p> <p>French Toast Yogurt Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad &amp; Fruit Cucumbers</p>
<p><b>30</b></p> <p>Cold Cereal Graham Cracker Banana</p> <p>Cheesy Breadsticks Marinara Sauce Carrots &amp; Fruit</p>	<p><b>31</b></p> <p>Concha Yogurt Fruit &amp; Juice</p> <p>Orange Chicken Brown Rice Broccoli &amp; Carrots Fruit</p>	<p>All of the Grains We Serve are Whole Grains</p>	<p>Happy Holidays!</p>	<p>Nonfat Chocolate and 1% White Milk Provided</p>