














WASHINGTON COLONY ELEMENTARY SCHOOL

DECEMBER 2022 BREAKFAST AND LUNCH MENU



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Nonfat Chocolate and 1% White Milk Provided This Menu Is Subject To Change	 ALL OF THE GRAINS WE SERVE ARE WHOLE GRAINS	1 Pancake & Sausage Fruit & Juice Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit	2 Cinnamon Rolls Yogurt Fruit & Juice Italian Sandwich Chips & Fruit Cucumbers & Lettuce	
5 Cold Cereal Graham Cracker Banana Chicken Nuggets Tator Tots Carrots & Fruit Graham Crackers	6 Pancake & Sausage On A Stick Fruit & Juice Tostada Refried Beans Lettuce, Salsa & Fruit	7 Breakfast Pizza Fruit & Juice Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers & Fruit	8 Ham & Cheese Bar, Graham Crackers Fruit & Juice Corn Dog Tator Tots Carrots & Fruit	9 French Toast Yogurt Fruit & Juice Cheesy Breadsticks Marinara Sauce Carrots & Fruit
12 Cold Cereal Graham Cracker Banana French Bread Pizza Green Salad & Fruit Cucumbers	13 Concha Yogurt Fruit & Juice Orange Chicken Brown Rice Broccoli & Carrots Fruit	14 Banana Bread String Cheese Fruit & Juice Turkey, Stuffing Mashed Potatoes Green Beans Gravy, Roll & Fruit	15 Pancake & Sausage Fruit & Juice Cheesy Breadsticks Marinara Sauce Carrots & Fruit	16 Cinnamon Rolls Yogurt Fruit & Juice Italian Sandwich Chips & Fruit Cucumbers & Lettuce
19 	20 	21 	22 	23 
26 	27 	28 	29 	30 