



WASHINGTON COLONY ELEMENTARY SCHOOL

MAY 2023 BREAKFAST AND LUNCH MENU



THIS MENU IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cold Cereal Graham Cracker Banana Cheesy Breadsticks Marinara Sauce Carrots & Fruit	2 Concha Yogurt Fruit & Juice Orange Chicken Brown Rice Broccoli & Carrots Fruit	3 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce	4 Pancake & Sausage Fruit & Juice Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit	5 Cinnamon Rolls Yogurt Fruit & Juice Homemade Ham & Cheese Sandwich, Chips Lettuce, Tomatoes Fruit
8 Cold Cereal Graham Cracker Banana Chicken Nuggets Tator Tots Carrots & Fruit Graham Crackers	9 Pancake & Sausage On A Stick Fruit & Juice Tostada Refried Beans Lettuce, Salsa & Fruit	10 Breakfast Pizza Fruit & Juice Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers & Fruit	11 Ham & Cheese Bar, Graham Crackers Fruit & Juice Corn Dog Tator Tots Carrots & Fruit	12 French Toast Yogurt Fruit & Juice French Bread Pizza Green Salad & Fruit Cucumbers
15 Cold Cereal Graham Cracker Banana Cheesy Breadsticks Marinara Sauce Carrots & Fruit	16 Concha Yogurt Fruit & Juice Orange Chicken Brown Rice Broccoli & Carrots Fruit	17 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce	18 Pancake & Sausage Fruit & Juice Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit	19 Cinnamon Rolls Yogurt Fruit & Juice Homemade Ham & Cheese Sandwich, Chips Lettuce, Tomatoes Fruit
22 Cold Cereal Graham Cracker Banana Chicken Nuggets Tator Tots Carrots & Fruit Graham Crackers	23 Pancake & Sausage On A Stick Fruit & Juice Tostada Refried Beans Lettuce, Salsa & Fruit	24 Breakfast Pizza Fruit & Juice Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers & Fruit	25 Ham & Cheese Bar, Graham Crackers Fruit & Juice Corn Dog Tator Tots Carrots & Fruit	26 French Toast Yogurt Fruit & Juice French Bread Pizza Green Salad & Fruit Cucumbers
29  MEMORIAL DAY HOLIDAY ☆ no school ☆	30 Concha Yogurt Fruit & Juice Orange Chicken Brown Rice Broccoli & Carrots Fruit	31 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce	All of the Grains We Serve Are Whole Grains 	 Nonfat Chocolate and 1% White Milk Provided

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER