



WASHINGTON COLONY ELEMENTARY SCHOOL MARCH 2023 BREAKFAST AND LUNCH MENU



Nonfat Chocolate and 1% White Milk Provided



Monday

Tuesday

Wednesday

Thursday

Friday

 <p>All of the Grains We Serve Are Whole Grains</p>	 <p>THIS MENU IS SUBJECT TO CHANGE</p>	<p>1 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice</p> <p>Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce</p>	<p>2 Pancake & Sausage Fruit & Juice</p> <p>Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit</p>	<p>3 Cinnamon Rolls Yogurt Fruit & Juice</p> <p>Italian Sandwich Chips & Fruit Cucumbers & Lettuce</p>
<p>6 Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots & Fruit Graham Crackers</p>	<p>7 Pancake & Sausage On A Stick Fruit & Juice</p> <p>Tostada Refried Beans Lettuce, Salsa & Fruit</p>	<p>8 Breakfast Pizza Fruit & Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers & Fruit</p>	<p>9 Ham & Cheese Bar, Graham Crackers Fruit & Juice</p> <p>Corn Dog Tator Tots Carrots & Fruit</p>	<p>10 French Toast Yogurt Fruit & Juice</p> <p>French Bread Pizza Green Salad & Fruit Cucumbers</p>
<p>13 Cold Cereal Graham Cracker Banana</p> <p>Cheesy Breadsticks Marinara Sauce Carrots & Fruit</p>	<p>14 Concha Yogurt Fruit & Juice</p> <p>Orange Chicken Brown Rice Broccoli & Carrots Fruit</p>	<p>15 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice</p> <p>Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce</p>	<p>16 Pancake & Sausage Fruit & Juice</p> <p>Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit</p>	<p>17 Cinnamon Rolls Yogurt Fruit & Juice</p> <p>Italian Sandwich Chips & Fruit Cucumbers & Lettuce</p>
<p>20 Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots & Fruit Graham Crackers</p>	<p>21 Pancake & Sausage On A Stick Fruit & Juice</p> <p>Tostada Refried Beans Lettuce, Salsa & Fruit</p>	<p>22 Breakfast Pizza Fruit & Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers & Fruit</p>	<p>23 Ham & Cheese Bar, Graham Crackers Fruit & Juice</p> <p>Corn Dog Tator Tots Carrots & Fruit</p>	<p>24 French Toast Yogurt Fruit & Juice</p> <p>French Bread Pizza Green Salad & Fruit Cucumbers</p>
<p>27 Cold Cereal Graham Cracker Banana</p> <p>Cheesy Breadsticks Marinara Sauce Carrots & Fruit</p>	<p>28 Concha Yogurt Fruit & Juice</p> <p>Orange Chicken Brown Rice Broccoli & Carrots Fruit</p>	<p>29 Scrambled Eggs, Fried Potatoes, Graham Crackers Fruit & Juice</p> <p>Pozole, Chips Cabbage, Onions, Cilantro, Oranges Hot Sauce</p>	<p>30 Pancake & Sausage Fruit & Juice</p> <p>Chicken Drumstick Mashed Potatoes & Gravy, Corn & Fruit</p>	<p>31 Cinnamon Rolls Yogurt Fruit & Juice</p> <p>Italian Sandwich Chips & Fruit Cucumbers & Lettuce</p>

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER