



# WASHINGTON COLONY ELEMENTARY SCHOOL

## OCTOBER 2021 BREAKFAST AND LUNCH MENU

Due to supply chain issues  
this menu is subject to change



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All Of The Grains we Serve Are Whole Grains</p>				
<p>4</p> <p>Cold Cereal Graham Crackers Banana</p> <p>Crispy Chicken Sandwich on a Whole Wheat Bun French Fries Lettuce &amp; Fruit</p>	<p>5</p> <p>Mini Pancakes String Cheese Juice &amp; Fruit</p> <p>Burrito Refried Beans Salsa Fruit</p>	<p>6</p> <p>Apple Cinnamon Muffin, String Cheese, Fruit &amp;</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p>7</p> <p>Mini Doughnuts String Cheese Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p>1</p> <p>Ham and Cheese Bar Graham Crackers Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad Cucumbers, Fruit &amp; Graham Crackers</p>
<p>11</p> <p>TEACHER SERVICE DAY</p> <p><b>NO SCHOOL</b></p>	<p>12</p> <p>Mini Pancakes String Cheese Juice &amp; Fruit</p> <p>Tamale Refried Beans Carrots &amp; Fruit</p>	<p>13</p> <p>Apple Cinnamon Muffin, String Cheese, Fruit &amp; Juice</p> <p>Chicken Drumstick Mashed Potatoes &amp; Gravy Fruit and a Roll</p>	<p>14</p> <p>Mini Doughnuts String Cheese Fruit &amp; Juice</p> <p>Mini Hot Dogs Chips Cucumbers &amp; Fruit</p>	<p>15</p> <p>Ham and Cheese Bar Graham Crackers Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad Cucumbers, Fruit &amp; Graham Crackers</p>
<p>18</p> <p>Cold Cereal Graham Crackers Banana</p> <p>Crispy Chicken Sandwich on a Whole Wheat Bun French Fries Lettuce &amp; Fruit</p>	<p>19</p> <p>Mini Pancakes String Cheese Juice &amp; Fruit</p> <p>Burrito Refried Beans Salsa Fruit</p>	<p>20</p> <p>Apple Cinnamon Muffin, String Cheese, Fruit &amp;</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p>21</p> <p>Mini Doughnuts String Cheese Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p>22</p> <p>Ham and Cheese Bar Graham Crackers Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad Cucumbers &amp; Fruit</p>
<p>25</p> <p>Cold Cereal Graham Crackers Banana</p> <p>Chicken Nuggets Tator Tots Carrots &amp; Fruit Graham Crackers</p>	<p>26</p> <p>Mini Pancakes String Cheese Juice &amp; Fruit</p> <p>Tamale Refried Beans Carrots &amp; Fruit</p>	<p>27</p> <p>Apple Cinnamon Muffin, String Cheese, Fruit &amp; Juice</p> <p>Chicken Drumstick Mashed Potatoes &amp; Gravy Fruit and a Roll</p>	<p>28</p> <p>Mini Doughnuts String Cheese Fruit &amp; Juice</p> <p>Mini Hot Dogs Chips Cucumbers &amp; Fruit</p>	<p>29</p> <p>Ham and Cheese Bar Graham Crackers Fruit &amp; Juice</p> <p>French Bread Pizza Green Salad Cucumbers, Fruit &amp; Graham Crackers</p>

Nonfat Chocolate and 1% White Milk Provided



This Institution Is An Equal Opportunity Provider