



# WASHINGTON COLONY ELEMENTARY SCHOOL SEPTEMBER 2022 BREAKFAST AND LUNCH MENU



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Sept. 5th

Mon	Tue	Wed	Thu	Fri
<p>Nonfat Chocolate and 1% White Milk Provided</p>	<p>All of the Grains We Serve are Whole Grains</p>		<p><b>1</b> Ham and Cheese Bar, Graham Crackers Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p><b>2</b> French Toast Yogurt Fruit &amp; Juice</p> <p>French Bread Pizza, Green Salad Cucumbers Fruit</p>
<p><b>5</b> <b>SCHOOL</b></p>	<p><b>6</b> Concha Yogurt Fruit &amp; Juice</p> <p>Orange Chicken Brown Rice Broccoli &amp; Carrots Fruit</p>	<p><b>7</b> Cold Cereal Graham Cracker Banana</p> <p>Cheeseburger Ranch Beans Carrots &amp; Fruit</p>	<p><b>8</b> Pancakes &amp; Sausage Fruit &amp; Juice</p> <p>Chicken Drumstick Mashed Potatoes &amp; Gravy, Corn &amp; Fruit</p>	<p><b>9</b> Cinnamon Rolls Yogurt Fruit &amp; Juice</p> <p>Italian Sandwich Chips &amp; Fruit Cucumbers &amp; Lettuce</p>
<p><b>12</b> Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots &amp; Fruit Graham Crackers</p>	<p><b>13</b> Pancake &amp; Sausage On A Stick Fruit &amp; Juice</p> <p>Tostada Refried Beans Lettuce, Salsa &amp; Fruit</p>	<p><b>14</b> Breakfast Pizza Fruit &amp; Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p><b>15</b> Ham and Cheese Bar, Graham Crackers Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p><b>16</b> French Toast Yogurt Fruit &amp; Juice</p> <p>French Bread Pizza, Green Salad Cucumbers Fruit</p>
<p><b>19</b> Cold Cereal Graham Cracker Banana</p> <p>Cheeseburger Ranch Beans Carrots &amp; Fruit</p>	<p><b>20</b> Concha Yogurt Fruit &amp; Juice</p> <p>Orange Chicken Brown Rice Broccoli &amp; Carrots Fruit</p>	<p><b>21</b> Banana Bread String Cheese Fruit &amp; Juice</p> <p>Pozole, Chips Cabbage, Onions, Cilantro, Radishes Oranges &amp; Hot Sauce</p>	<p><b>22</b> Pancakes &amp; Sausage Fruit &amp; Juice</p> <p>Chicken Drumstick Mashed Potatoes &amp; Gravy, Corn &amp; Fruit</p>	<p><b>23</b> Cinnamon Rolls Yogurt Fruit &amp; Juice</p> <p>Italian Sandwich Chips &amp; Fruit Cucumbers &amp; Lettuce</p>
<p><b>26</b> Cold Cereal Graham Cracker Banana</p> <p>Chicken Nuggets Tator Tots Carrots &amp; Fruit Graham Crackers</p>	<p><b>27</b> Pancake &amp; Sausage On A Stick Fruit &amp; Juice</p> <p>Tostada Refried Beans Lettuce, Salsa &amp; Fruit</p>	<p><b>28</b> Breakfast Pizza Fruit &amp; Juice</p> <p>Spaghetti w/Meat Sauce, Bread Stick Green Salad Cucumbers &amp; Fruit</p>	<p><b>29</b> Ham and Cheese Bar, Graham Crackers Fruit &amp; Juice</p> <p>Corn Dog Tator Tots Carrots &amp; Fruit</p>	<p><b>30</b> French Toast Yogurt Fruit &amp; Juice</p> <p>French Bread Pizza, Green Salad Cucumbers Fruit</p>

THIS MENU IS SUBJECT TO CHANGE